



DEVARANA  
SPA

## SIGNATURE PACKAGE

### **The Heavenly Nantha Garden Experience (2.5 hrs)**

**USD 270**

In the work of ancient Thai literature called Tribhumpharuang, Nantha was described as a garden situated at Heaven's gate, with magical flowers, fruits and herbs. Devarana Spa's signature treatment brings the divine Nantha Garden to life by mixing fresh Guam grown tropical fruits, flowers, and leaves with aromatic blends of ylang ylang and jasmine to create a truly heavenly experience.

With the essence of local flowers and plants, this soothing treatment comforts your skin and uplifts your mind through the Devarana Bath and Devarana Body Scrub. Complete the unforgettable rejuvenation with the Devarana Massage that combines strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and Aromatherapy influences for the ultimate in relaxation and pampering.

### **The Harmony of Tad Si- the Traditional Thai Medicine (2.0 hrs)**

**USD 220**

An ancient Thai therapy is based on the Buddhist teaching that the human body is composed of Tad Si or four elements of earth, water, wind and fire. Traditional Thai medicine also believes that diseases are caused due to two main reasons: first, an imbalance of the four elements in the body, and second that the mind is governed by 'ego' and ego leads to unhealthy emotions of attachment, aggression and obscuration that can disturb the body harmony.

The Harmony of Tad Si combines a Thai herbal compress dipped into aromatic oil tailored to each guest's body element, with Thai Massage, incorporating pressure point and stretching techniques to relax muscles, relieve soreness, promote circulation and stimulate the nerve meridians of the body.



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## TUMON BAY MOON RITUAL

### **Full Moon Ritual (3.0 hrs)**

**USD 320**

The waxing phase of the moon up until the full moon is the ideal time to nurture and calm body and mind. This blissful experience re-awakens the body and spirit while promoting a sense of serenity. A body scrub using precious rose, jasmine and sandalwood oils prepares the body and mind for an energy-balancing Abhyanga Massage. The ritual concludes with a luxurious facial using rose and jasmine oil for total serenity and rejuvenation.

### **New Moon Ritual (3.0 hrs)**

**USD 320**

The waning phase of the moon up until the new moon is the perfect time for internal and external detoxification. A Green Tea & Seaweed Body Scrub cleanses and re-energizes the body and lymphatic system. An Algae & Caffeine Slimming Wrap pulls toxins out of the body while also hydrating the skin. This ritual aids in the reduction of cellulite whilst improving the texture and hydration of skin, and concludes with an Aromatic Detoxified & Contoured Massage.



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## MASSAGE (a la carte)

### **Ayurvedic Head Massage (60 mins)**

**USD 110**

A traditional Ayurvedic oil massage for the head, neck and shoulders. Some of its many benefits include strengthening the hair roots, nourishing the scalp and releasing the flow of prana or energy through the entire body. Ideal for relieving stress and promoting a restful sleep.

### **Ginger Compress & Back Massage (60 mins)**

**USD 120**

Focusing on the neck, shoulders, and upper back, this massage places lightly steamed ginger on the back. The ginger heating effect relieves aches and pains as well as stimulates blood circulation. After the Ginger Compress, soothing hand movements work into the muscle and soft tissue to relieve stress and tension.

### **Reflexology Foot Massage (60 mins)**

**USD 110**

After cleansing the feet with a refreshing salt scrub, pressure is systematically applied to stimulate the nerve reflexes in the feet. These points correspond to all major body parts and organs, improving total body function and restoring balance and harmony to the body.

### **Aromatic Detoxified & Contoured Massage (90 mins)**

**USD 160**

Specially formulated slimming oils used to fight the accumulation of cellulite and water retention is paired with a light and calming massage. The lymphatic drainage technique is then applied to help the body eliminate toxins. The treatment ends with a contouring massage that assists in body slimming. Highly recommended in combination with any detoxifying treatments.

### **Abhyanga Massage (90/120 mins)**

**USD 170/210**

Warm aromatic oil is gently poured along tense muscle lines, engaging in a smooth long stroke massage and medium pressure to stimulate blood circulation, and is then followed by light pressure in circular movements at marma points to unblock 'prana' energy at the vital meridians. These Ayurveda techniques enhance deeper sleep at night and promote a healthy and luminous complexion.

*Devarana Spa at Dusit Thani Guam Resort*

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Effective January 1, 2015 until further notice*



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## MASSAGE (a la carte)

### **Chamorro Inspired Massage (90 mins)**

**USD 160**

This massage focuses on reducing blood clots and air bubbles within the body. Treatment starts with head massage to analyze the body tensions. The kneading massage and pressure point massage techniques are performed either with strong or medium pressure depending on the tensions accumulated. The stretching techniques are also incorporated to release air bubbles. This massage is performed with aromatic floral and citrus oil for total well-being.

### **Devarana Signature Massage (90/120 mins)**

**USD 190/230**

Exclusive to Devarana Spa, this unique massage combines strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and Aromatherapy influences for the ultimate soothing and pampering experience. The signature massage comes together with a bowl of hot water with freshly sliced lime and orange for respiratory clearing.

### **Shilomi Massage (90/120 mins)**

**USD 170/210**

A wonderful therapeutic and energising body work combined Deep Tissue, Shiatsu and Lomi Lomi massage techniques on the deepest layers of muscles, using a unique oil blend. Tensions and muscle pains are melted away. Excellent for those who enjoy strong invigorating massage.

### **Swedish Massage (90/120 mins)**

**USD 160/200**

This ultimate relaxing massage uses long, soothing strokes to induce relief from stress and tension, while stimulating blood circulation. Pressure can vary from soft to medium, in accordance with your personal preference.

### **Traditional Thai Massage (90/120 mins)**

**USD 170/210**

The traditional Thai massage blends a strong and invigorating massage, using deep finger pressure point, with a passive body stretching to alleviate muscle fatigue and tension. Performed on Traditional Thai mattresses without oil, this full body massage reduces tension, improves flexibility and provides an excellent inner balance.

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## **BODY SCRUB (a la carte)**

### **Lavender Body Scrub (60 mins)**

**USD 110**

Lavender is remarkable for its aromatherapy benefits and excellent for effective skin care. Enriched with natural vitamins and moisturizers, a lavender scrub induces relaxation with its soothing aroma, and at the same time gently cleanses, exfoliates, and nourishes the skin. It leaves you feeling smooth and velvety, and refreshed with a radiant glow.

### **Green Tea & Seaweed Body Scrub (60 mins)**

**USD 110**

A moisturizing and detoxifying body scrub recipe singles out the healing property of green tea to protect skin from sun damage. The excellent antioxidant property of seaweed works as a mild detoxifier to stimulate skin toning and provide skin elasticity. Peppermint oil assists to relax and refresh the body. The end-result is smooth, soft, and invigorating skin.

### **Mangosteen Peel Body Scrub (60 mins)**

**USD 110**

Known as the “Queen of the Fruits” due to its many qualities and benefits, Mangosteen Peel contains generous amounts of antioxidants and antibacterial properties as well as condensed tannins to tighten skin pores, gently decrease wrinkle lines and prevent pimples. It softens skin and gives it a remarkably lovely glow.

### **Rose Petal Body Scrub (60 mins)**

**USD 110**

Legendary for its unsurpassed beauty and delicate fragrance, rose petal has long been used for softening and rejuvenating skin. The rich, nourishing, and soothing properties of rose petal helps control thread veins, heal wounds, and induce skin elasticity making your skin smooth, fresh, and well-nourished with uplifting aroma. Superb for anti-aging.

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## BODY WRAP (a la carte)

### **Algae & Caffeine Slimming Wrap (60 mins)**

**USD 130**

Seaweed extracts, essential oils and fresh coffee act to re-mineralize the vascular and lymphatic systems, providing a highly effective treatment against cellulite. The high iodine content of this pack also helps to stimulate the metabolism, encouraging detoxification and aiding weight reduction.

### **Blue Lotus Hydrating Wrap (60 mins)**

**USD 130**

This ultimate soothing and rejuvenating body wrap blends blue lotus extract with aloe gel. Blue lotus extract is rich in vitamins and minerals, amino acids, and antioxidants and is one of the most potent anti-aging botanicals. It helps strengthen skin protection against free radicals. Aloe gel seals in moisture as it soothes, calms, and repairs the skin. The overall effect is that of equilibrium and a harmoniously relaxed feeling.

### **Sea Mud & Sweet Pepper Toning Wrap (60 mins)**

**USD 130**

Enriched with sweet pepper extract, a powerful source of vitamins and antioxidants, this mineral-rich sea mud wrap leaves the skin toned and firmed while refreshing and energizing the body. This superb body beautifier also helps reduce the appearance of cellulites and fluid retention.

## WATER TREATMENT (a la carte)

*(Available in conjunction with other treatments)*

### **Aromatic Thai Herbal Steam (30 mins)**

**USD 50**

Refresh your body in this gentle cloud of steam filled with the aroma of fresh Thai herbs. Ideal before a massage, or anytime to cleanse the skin, clear the lungs, promote the circulation and invigorate the body.

### **Luxury Coconut Milk Bath (30 mins)**

**USD 50**

For all skin types, this romantic coconut milk bath, filled with fresh flowers and leaves, creates harmony and an unforgettably relaxing sensation. It soothes the emotions whilst softening and nourishing your skin, leaving it feeling silky smooth and lightly scented with a classic floral island fragrance.

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## **FACIAL (a la carte)**

### **Replenishing Marine Facial (60 mins)**

**USD 130**

A mineral-rich facial designed to rehydrate and replenish the skin, leaving it gloriously renewed. Using several different kinds of seaweeds with aromatic oil and plant extracts, this wonderful maritime face rejuvenation is very gentle even for sensitive skin.

### **Soothing Sea for Men (60 mins)**

**USD 130**

Recommended skin care treatment for men that keeps them looking healthy and handsome. A refreshing facial using seaweed, aromatic oil and plant extract precisely tailored for men to deeply cleanse the skin, enhance the moisture balance, and restore natural radiance for that fresh and revitalized appearance.

### **Oxygen Complex Whitening Facial (60 mins)**

**USD 130**

Exclusive whitening mask combines oxygen complex, oat extract, vitamin e, cedar red clay and phyto-nutrients. It immediately purifies, brightens, oxygenates and comforts, leaving the skin firm, luminous, youthful and radiant.

### **Hyaluronic & Collagen Facial (90 mins)**

**USD 170**

Mildly acidic, this facial wonderfully moisturizes skin while collagen visibly reduces fine lines and wrinkles, providing you with a very natural kind of facelift. A potent new formula to re-energize and restore the youthful potential of the skin. Visibly young-looking complexion is yours in no time at all.

### **Thermo Marine and Sake Facial (90 mins)**

**USD 180**

A luxurious anti-aging skin remedy from marine sources packs powerfully with the Japanese traditional beverage "Sake." The powers of marine DNA and antioxidant nutrients amazingly work to replenish facial skin, soften fine lines and wrinkles while improving skin elasticity. The mineral-rich thermal mask allows anti-oxidant ingredients of "Sake" and seaweed to penetrate deeper into the dermis. Enriched marine moisturizing serum is generously applied to complete this wonderful treat. The immediate result is a very soft and smooth younger looking skin with a luminous shine.

*\*Pre-purchase 3 treatments and receive 4th complimentary treatment.*



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## PAMPERING PROGRAMME

### **Living Radiance (2.0 hrs)**

**USD 210**

Restore the skin's natural radiance with a body scrub that exfoliates and smoothes the skin, followed by a 90-minute body massage, using natural essential oil blends.

### **Devarana Touch of Heaven (2.5 or 3.0 hrs)**

**USD 270/310**

Our most popular package. A heavenly relaxing combination of a 60 or 90-minute facial and a 90-minute body massage provides a sense of renewal for face and body.

### **After Sun Reviver (3.0 hrs)**

**USD 310**

After your sun, sea, and sand holiday, heal and restore vital moisture to your damaged skin with the Sun Soother Bath, soothing Blue Lotus Hydrating Wrap, and Swedish Massage. Significantly reduces peeling and leaves skin feeling refreshed and comfortable and looking radiantly silky.

### **Traveler Recovery Pack (3.0 hrs)**

**USD 320**

Overcome jet lag and relieve your travel-weary body of stiffness, aches and pains with thermo caramel mud Wrap, Swedish Massage and a 30-minute refreshing facial selected for your skin type.

### **Ultimate Glow (3.0 hrs)**

**USD 325**

Tailored for those seeking healthier and clearer complexion and a stress free body. Indulge with a facial and body scrub, and complete the pampering with a 90-minute massage.

### **Half Day Harmony (5.0 hrs)**

**USD 490/person**

**USD 930/couple**

Luxuriously designed to give you an ultimate relaxing experience. Start with an aromatic Thai Herbal Steam, floral bath, body scrub, a 90-minute massage, a 90-minute Facial and Reflexology Foot Massage.



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## SPA JOURNEY IN PARADISE

### Daily Sanctuary

Select from a wide range of massage and body scrub options, and begin recharging your body with the 120 minute Living Radiance Program. Continue the pampering with a 90-minute massage of your choice on the following days:

**2 Days: USD 345**

**3 Days: USD 460**

### Couple Hideaway

This multi-day spa retreat for two starts its first day with the 180 minute Ultimate Glow Program and continues the pampering with a 90-minute massage of your choice on the following days (prices are per couple):

**2 Days: USD 910/couple**

**3 Days: USD 1,130/couple**



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## HYDROTHERMAL PROGRAM

Devarana Spa offers the extensive heat and water experiences with separate areas for male and female guests. These heat and water experiences relieve stress and tension, relax your muscles, increase circulation, stimulate your immune system and promote a sense of well-being.

Use of the heat and water experiences is included with all spa services, and guests are encouraged to arrive 60 minutes prior to their scheduled treatment. For guests who wish to use the heat experiences without spa services, advancing booking is required as well as a usage fee for “Hydrothermal Experience” is applied.

### **Aromatic Rain Shower Massage (60 mins)**

**USD 170**

This ultimate pampering massage under vichy shower incorporates long, soothing strokes to relieve stress and tension, while stimulating blood circulation. This warm rain shower massage is performed with relaxing massage oil blends from our Botanical Delight Collection.

### **Hydrothermal Experience (3.0 hrs)**

**USD 200**

Experience independently the holistic effect of these hydrothermal benefits for cleansing and detoxifying. The heat and humidity steam stimulates the blood circulation and helps in the detoxification. Contrast the warm hot tub with the cooling vitality pool before a heavenly relaxation in sauna or steam.



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## ELEVATE YOUR HYDROTHERMAL EXPERIENCE

**Add one of these treatments to a  
Hydrothermal Program (20 minutes)**

**USD 50**

**Add all six treatments to a  
Hydrothermal Program (120 minutes)**

**USD 250**

Give some attention to the neglected areas by adding any of these mini-services to your hydrothermal experience.

- Body Scrub of choice: lavender, green tea & seaweed, mangosteen, sea salt or rose
- Body Mask of choice: seaweed or sea mud
- Face Mask of choice: therapist selects facial mask to suit with guest's skin type and covers with mineral-rich thermal mask that allows anti-oxidant ingredients of those cream mask to penetrate deeper into the dermis.
- Eye & Lip Brightener: brightens and tones eye & lip area with oxygen peel off mask
- Hand Brightener: tones and hydrates your hand with the sugar scrub and caramel mask
- Foot Refresher: let the sugar scrub and caramel mask cleanse and hydrate your feet area



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*To ensure that your entire spa experience is pleasing and relaxing, we recommend you follow these simple guidelines:*

#### **Arrival Time**

We recommend that you check-in at the spa reception at least 30 minutes prior to your first scheduled appointment. This allows us to have a brief discussion with you about your treatment and basic health information as well as gives you time to enjoy the spa as your haven of heat and water. Please understand that late arrivals will not receive an extension of scheduled treatments.

#### **Cancellation Policy**

Because treatments are reserved especially for you, appointments cancelled with less than 4 hours notice will incur a cancellation fee of 50% of the reserved treatment price. The full reserved treatment price will be imposed for a 'no show'.

#### **Gift Certificates**

Gift Certificates for spa treatments and retail products are available for purchase.

#### **Payment**

Cash and all major credit cards are accepted.

#### **Refund**

Spa treatments and spa memberships are non-refundable, non-transferable and non-exchangeable unless otherwise stated.

#### **Spa Protocol**

We kindly request that mobile phones be turned to silent mode and that noise be kept to a minimum to allow all guests to enjoy the serenity of the spa. Children under 16 years are not permitted in the spa except for those aged 12 years and older having a treatment with a signed parental consent form. Smoking and consumption of alcohol in the spa is not allowed.

#### **Special Considerations**

If you have any medical conditions such as high blood pressure, heart conditions or any other medical complications, please consult your health practitioner before undertaking spa treatments. Guests are asked to complete a health questionnaire. Please advise reception if you have any health issues or concerns.

#### **Contact Lenses**

We recommend you to remove your contact lenses before your facial treatment. Please bring your own case and solution for lenses.

#### **Valuables**

Jewelry and valuables may be placed in secured drawers in treatment rooms; however we recommend that no jewelry be worn in the spa. The management accepts no responsibility for the loss of money or valuables brought into the spa.

#### **Accidents or Injuries**

Devarana Spa shall not be liable for any accident or injury suffered by any member or guest

#### **Extra Time**

We offer private changing and showering facilities in each of our treatment rooms. In addition to your treatment time, we allow maximum 15 minutes for changing and showering.