



DEVARANA  
SPA

## MASSAGE

Our massage therapy is based upon the fusion of natural healing with the holistic approach. Whether you would like to encounter relaxation or wellness, our attentive spa staff will guide you to discover the highest benefits.

## RELAXING MASSAGE

### **Ginger Compress & Back Massage (60 mins)**

**THB 2,200++**

This massage puts warm gingers on the back and lets their heating effect to relieve aches and pains. After the compress, soothing Swedish techniques work onto back, neck and shoulders.

### **Swedish Massage (90 mins/120 mins)**

**THB 3,100++ / THB 3,900++**

This classic massage is excellent for relaxing using long, soothing strokes to relieve tension. Pressure can vary from soft to medium, in accordance to your personal preference.

### **Devarana Signature Massage (90 mins/120 mins)**

**THB 3,200++ / THB 3,900++**

This massage combines strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and Aromatherapy for the ultimate relaxing experience. It comes together with a bowl of hot water with fresh kaffir lime and orange for inhalation.

### **Shilomi Massage (90 mins/120 mins)**

**THB 3,100++ / THB 3,900++**

An energising body work on the deep layer of muscles, it is combined deep tissue, Shiatsu and Lomi Lomi massage techniques. Muscle pains are melted away. Excellent for those who enjoy firm pressure massage.

### **Traditional Thai Massage (90 mins)**

**THB 2,600++**

Thai Massage, incorporating pressure point and stretching techniques to relax muscles, relieve soreness, promote circulation and stimulate the nerve meridians of the body. This classic massage is excellent for relaxing using long, soothing strokes to relieve tension. Pressure can vary from soft to medium, in accordance to your personal preference.

*Devarana Spa at Dusit Thani Bangkok*

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*Effective January 1, 2017*



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## WELLNESS MASSAGE

### **Reflexology Foot Massage (60 mins)**

**THB 2,100++**

After cleansing the feet with a refreshing salt scrub, pressure is systematically applied to stimulate the nerve reflexes in the feet. These points correspond to all major body parts and organs, improving total body functioning and restoring balance and harmony to the body.

### **Shiroabhyanga (60 mins)**

**THB 2,100++**

A traditional Ayurvedic oil massage for the head, neck and shoulders. It is good for toxin removal for wellbeing. Before the session, your therapist pours warm oil onto your forehead to help relaxing the nervous system. Recommended to keep the oil on your hair and scalp overnight for a maximum benefit.

### **Detoxed & Contoured Massage (90 mins/120 mins)**

**THB 3,100++ / THB 3,900++**

This treatment uses a medium, rhythmic stroke to increase the flow of fluid through the lymphatic system. It is excellent for the detoxification process. For the ultimate body cleanse, highly recommended in combination with Thai Herbal Mud Wrap.

### **Chakra Balance Massage (90 mins/120 mins)**

**THB 3,100++ / THB 3,900++**

Using specially blended oils that stimulate the frequency of the seven energy centers of the body, the chakras are opened and revitalised. This synergistic experience of breathing in each of the powerful aromatic oils, leaves you feeling balanced.

### **Mind Calming Massage (90 mins/120 mins)**

**THB 3,100++ / THB 3,900++**

This therapeutic treatment supports the mind to let go by addressing specific acupressure points on the neck, head, hands and feet. Using warm and cool compress to aid circulation and relaxation, stress & tension is vanished and body is developed a state of wellbeing.

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## SPECIALTY TREATMENT FOR BANGKOK

### **Seven Shrines Wish Ritual (2.5 hours)**

**THB 4,900++**

One of the most popular activity for Thais and Asian tourists is to worship the seven significant Hindu God's shrines in the heart of Bangkok at Ratchaprasong area. It is believed that visiting all in a day will lead you to good luck and prosperity.

Before making the traditional respect, we recommend you to cleanse your body and mind to be ready for this sacred activity. Seven Shrines Wish ritual includes jasmine & ylang ylang body exfoliate with frankincense essence and followed by Detoxed & Contoured Massage and Mind Calming Massage for mind and body purity.

### **The Heavenly Nantha Garden Experience (2.5 hours)**

**THB 4,900++**

In the work of ancient Thai literature called Tribhumphraruang, Nantha was described as a garden situated at Heaven's gate, with magical flowers and herbs. Devarana Spa brings the divine garden to life by gathering a generous amount of fresh pink lotus and champaca petals with the exquisite oil blend from ylang ylang and jasmine to create a truly heavenly experience.

This soothing treatment comforts your skin and uplifts your mind. It includes Devarana Bath, Devarana Scrub and Devarana Massage that combines the strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and aromatherapy influences for the ultimate in relaxation and pampering.

### **The Harmony of Tad Si-the Traditional Thai Medicine (2.0 hours)**

**THB 3,300++**

An ancient Thai therapy is based on the Buddhist teaching that the human body is composed of Tad Si or four elements of earth, water, wind and fire. Traditional Thai Medicine also believes that diseases are caused by two main reasons: first, an imbalance of the four elements in the body, and second that the mind is governed by 'ego' and ego leads to unhealthy emotions of attachment, aggression and obscuration that can disturb the body harmony.

The Harmony of Tad Si combines a Thai herbal compress dipped into aromatic oil tailored to each guest's body element, with Thai Massage, incorporating pressure point and stretching techniques to relax muscles, relieve soreness, promote circulation and stimulate the nerve meridians of the body.

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## BODY TREATMENT

### BODY SCRUB

#### **Algae & Green Tea Body Scrub (60 mins)**

**THB 2,100++**

Blending green tea with seaweed from Brittany Sea, a moisturising and detoxifying body scrub recipe to protect skin from sun damage as well as to stimulate skin toning.

#### **Lavender Body Scrub (60 mins)**

**THB 2,100++**

A lavender scrub induces relaxation with its soothing aroma, and at the same time gently cleanses, exfoliates and nourishes the skin, leaving your skin smooth, and velvety refreshed with a radiant glow.

#### **Rose Petal Body Scrub (60 mins)**

**THB 2,100++**

Rose petal has long been used for softening and rejuvenating skin. Its nourishing and soothing properties help induce skin elasticity and excellent for anti-aging, leaving the skin fresh and smooth with uplifting aroma.

### BODY LUMINOUS

#### **Living Radiance (2.0 hrs)**

**THB 3,900++**

Restore the skin's natural radiance with a body scrub that help smoothening the skin, followed by a 90-minute body massage, using natural essential oil blends.

#### **Thai Herbal Mud Reviver (2.5 hrs)**

**THB 4,200++**

A rejuvenating treatment that begins with a light dry brushing to encourage lymphatic flow and circulation, followed by Thai Herbal Mud Wrap and complete with Detoxified & Contoured Massage. Your body will feel renewed.

#### **Maritime Essence (2.5 hrs)**

**THB 4,900++**

This treatment utilizes the toning and moisturising properties of brown and green seaweed. A delightful sea salt and jojoba body polish enriched with thyme, cypress and orange flower essences begin this treatment, followed by a Seaweed Wrap in warm massage sheet with a neck and head massage and finally a 60 minutes aromatic oil massage for total wellbeing.

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## SKINCARE

### **Hydrating Facial (60 mins)**

**THB 2,600++**

Accumulative sun damage leaves skin dry and dehydrated. This facial starts with thorough cleansing followed by the application of Vitamin C and seaweed to hydrate, purify, brighten and make your skin radiant.

### **Rejuvenating Facial (60 mins)**

**THB 2,600++**

A restorative facial for anti-aging and problem skin using anti-aging mask to stimulate and protect your skin. The active ingredients stimulate circulation and detoxify the deep layers, leaving skin toned and moisturised.

### **Soothing Sea for Men (60 mins)**

**THB 2,600++**

Recommended for skin care that keeps men looking healthy and handsome, here's a refreshing facial using seaweed, aromatic oil and plant extracts, precisely tailored for men, to deeply cleanse the skin, enhance the moisture balance and restore natural radiance, for that fresh and revitalised appearance.

### **Hyaluronic & Collagen Facial (90 mins)**

**THB 3,600++**

Mildly acidic, this facial wonderfully moisturises skin while collagen visibly reduces fine lines and wrinkles, providing you with a very natural kind of facelift. A potent new formula to re-energise and restore the youthful potential of the skin visibly young-looking complexion is yours in no time at all.

### **Body and Face Rejuvenation (2.5 hrs / 3.0 hrs)**

**THB 4,900++ / THB 6,200++**

Our most popular package. An unwind experience of a 60/90-minute facial and a 90-minute body massage provides a sense of renewal for face and body.

### **Ultimate Glow (3.0 hrs)**

**THB 6,200++**

Tailored for those seeking healthier and clearer complexion and a stress free body. Indulge with a facial and body scrub, and complete with a 90-minute massage.

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## WATER TREATMENTS

### **Moisturising Oatmeal and Honey Bath (30 mins)**

**THB 990++**

This moisturising bath combines soothing oatmeal and natural honey to hydrate and clean your skin. This mild and gentle recipe are especially for sensitive and delicate skin condition.

### **Luxury Milk & Roses Bath (30 mins)**

**THB 990++**

For all skin types, this romantic milk bath, filled with fresh rose petals, creates harmony and an unforgettably relaxing sensation. It soothes the emotions whilst softening and nourishing your skin, leaving it feeling silky smooth and lightly scented with a classic floral fragrance.

## WELLNESS PROGRAM

### **Stress Buster (2.0 hrs)**

**THB 3,900++**

Bust your stress and boost your energy with Aromatic Purple Lotus Milk Bath. Complete the stress busting session with Mind Calming Massage for the balance of body and mind.

### **Power Nap (2.5 hrs)**

**THB 4,900++**

Power Nap treatments offer an emergency assistance for sleep-deprived people. Facilitate the napping journey with Lavender Body Scrub, a Hot Milk Lavender Bath and Swedish Massage.

### **Body Slender (2.5 hrs / 3.0 hrs)**

**THB 4,900++ / THB6,200++**

This non-invasive slimming program gives a boost to your weight loss goals by aiding fat loss, firming and toning the skin with Algae & Green Tea Body Scrub, Thai Herbal Mud Wrap and Detoxified & Contoured Massage.

### **Mind and Body Detox (3.5 hrs)**

**THB 6,900++**

Flush the environmental toxins out of your body and calm your mind with Thai Herbal Mud Wrap and followed by a Detoxified and Contoured Massage and a Mind Calming Massage. Complete with Foot Reflexology to restore balance and harmony. Great for stressful people with poor digestion, constipation or have difficulty sweating.

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### **Arrival Time**

Please check in at Spa Reception at least 15 minutes prior to your scheduled appointment. Arriving late will result in a reduction of treatment time.

### **Cancellation Policy**

Because treatments are reserved especially for you, appointments cancelled with less than 6 hours notice will incur a cancellation fee of 50% of the reserved treatment cost or THB 1,000 per hour per person if no treatments have been selected. The full reserved treatment cost or THB 2,000 per hour per person will be imposed for a “no-show”.

### **Gift Certificates**

Gift Certificates for spa treatments and retail products are available for purchase.

### **Payment**

Cash and all major credit cards are accepted.

### **Refund**

Spa treatments and spa memberships are non-refundable, non transferable and non-exchangeable unless otherwise stated.

### **Spa Protocol**

We kindly request that mobile phones be turned to silent mode and that noise be kept to a minimum to allow all guests to enjoy the serenity of the spa. Children under 15 years are not permitted in the spa. Smoking and consumption of alcohol in the spa is not allowed.

### **Special Considerations**

Before undertaking spa treatments, please consult your health practitioner if you have any medical conditions such as high blood pressure, heart condition or any other medical complication. Guests are asked to complete a health questionnaire. Please advise reception if you have any health issues or concerns.

### **Contact Lenses**

We recommend you to remove your contact lenses before your facial treatment. Please bring your own case and solution for lenses.

### **Valuables**

Jewellery and valuables may be placed in secured drawers in treatment rooms; however we recommend that no jewellery be worn in the spa. The management accepts no responsibility for the loss of money or valuables brought in to the spa.

### **Accidents or Injuries**

Devarana Spa shall not be liable for any accident or injury suffered by any member or guest.

### **Extra Time**

We offer private changing and showering facilities in each of our treatment rooms. In addition to your treatment time, we allow 15 minutes for changing and showering. Extra time is charged at THB 500 for each 15 minutes or part thereof. Please let us know in advance if you require extra showering or changing time so that we may reserve your room.

