



## Philippines: Spa Treatment Menu 2010

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### **Arrival Time**

Please check in at Spa Reception at least 15 minutes prior to your scheduled appointment. Arriving late will result in a reduction of treatment time.

### **Cancellation Policy**

Because treatments are reserved especially for you, appointments cancelled with less than 6 hours notice will incur a cancellation fee of 50% of the reserved treatment cost or PHP 1,200 per hour per person if no treatments have been selected. The full reserved treatment cost or PHP 2,500 per hour per person will be imposed for a "no-show".

### **Gift Certificates**

Gift Certificates for spa treatments and retail products are available for purchase.

### **Payment**

Cash and all major credit cards are accepted.

### **Refund**

Spa treatments and spa memberships are non-refundable, non transferable and non-exchangeable unless otherwise stated.

### **Spa Protocol**

We kindly request that mobile phones be turned to silent mode and that noise be kept to a minimum to allow all guests to enjoy the serenity of the spa. Children under 15 years are not permitted in the spa. Smoking and consumption of alcohol in the spa is not allowed.

### **Special Considerations**

Before undertaking spa treatments, please consult your health practitioner if you have any medical conditions such as high blood pressure, heart condition or any other medical complication. Guests are asked to complete a health questionnaire. Please advise reception if you have any health issues or concerns.

### **Contact Lenses**

We recommend you to remove your contact lenses before your facial treatment. Please bring your own case and solution for lenses.

### **Valuables**

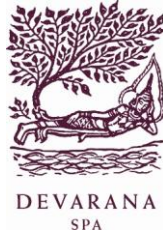
Jewelry and valuables may be placed in secured drawers in treatment rooms; however we recommend that no jewelry be worn in the spa. The management accepts no responsibility for the loss of money or valuables brought in to the spa.

### **Accidents or Injuries**

Devarana Spa shall not be liable for any accident or injury suffered by any member or guest.

### **Extra Time**

We offer private changing and showering facilities in each of our treatment rooms. In addition to your treatment time, we allow 15 minutes for changing and showering. Extra time is charged at PHP 700 for each 15 minutes or part thereof. Please let us know in advance if you require extra showering or changing time so that we may reserve your room.



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### SIGNATURE PACKAGE

#### **The Sampaguita Essence (2.0 hours)**

**PHP 4,800++**

Sampaguita, a species of jasmine, is the national flower of the Philippines and a symbol of purity and untainted love. Its distinctively sweet, heady aroma has long been used as a natural healer for anti-depressant and mild sedation. This white blossom treatment promises to promote a soft, healthy glowing skin with a Sampaguita Body Scrub and to relax the body with a Sampaguita Aromatic Massage, leaving you totally invigorated, energised and revived.

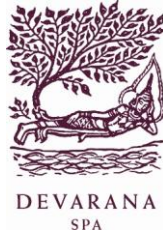
#### **The Harmony of Tad Si - the Traditional Thai Medicine (2.0 hours)**

**PHP 3,400++**

An ancient Thai therapy is based on the Buddhist teaching that the human body is composed of Tad Si or four elements of earth, water, wind and fire. Traditional Thai medicine also believes that diseases are caused due to two main reasons: first, an imbalance of the four elements in the body, and second that the mind is governed by 'ego' and ego leads to unhealthy emotions of attachment, aggression and obscuration that can disturb the body harmony.

The Harmony of Tad Si combines a Thai herbal compress dipped into aromatic oil tailored to each guest's body element, with Thai Massage, incorporating pressure point and stretching techniques to relax muscles, relieve soreness, promote circulation and stimulate the nerve meridians of the body.





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### MASSAGE

#### **Ayurvedic Head Massage (60 mins)**

**PHP 2,700++**

A traditional Ayurvedic oil massage for the head, neck and shoulders. Some of its many benefits include strengthening the hair roots, nourishing the scalp and releasing the flow of prana or energy through the entire body. Ideal for relieving stress and promoting a restful sleep.

#### **Ginger Compress & Back Massage (60 mins)**

**PHP 2,700++**

Focusing on the neck, shoulders and upper back, this massage places lightly steamed gingers on the back and lets their heating effect to relieve aches and pains as well as stimulating blood circulation. After the compress, soothing hand movements work into the muscle and soft tissue to relieve stress and tension.

#### **Reflexology Foot Massage (60 mins)**

**PHP 2,700++**

After cleansing the feet with a refreshing salt scrub, pressure is systematically applied to stimulate the nerve reflexes in the feet. These points correspond to all major body parts and organs, improving total body functioning and restoring balance and harmony to the body.

#### **Aromatic Detoxified & Contoured Massage (90 mins)**

**PHP 3,400++**

A light, calming massage using specifically formulated slimming oils to fight the accumulation of cellulite and water retention. Lymphatic drainage technique is applied to help the body eliminate toxins, followed by contouring massage to assist in body slimming. Highly recommended in combination with any detoxifying treatments.

#### **Devarana Signature Massage (90 mins)**

**PHP 3,800++**

Exclusive to Devarana Spa, this unique massage combines strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and Aromatherapy influences for the ultimate soothing and pampering experience. The signature massage comes together with a bowl of hot water with freshly sliced lemon and orange for respiratory clearing.

#### **Swedish Massage (90 mins)**

**PHP 3,400++**

This ultimate relaxing massage uses long, soothing strokes to induce relief from stress and tension, while stimulating blood circulation. Pressure can vary from soft to medium, in accordance to your personal preference.

#### **Oil Massage of Choice (120 mins)**

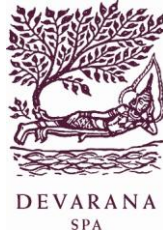
**PHP 4,300++**

If you would like to try a combination of different massage techniques whether to relax, re-energize or address different problems of the body, a well-trained therapist will design a program to suit your needs.



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### BODY SCRUB

#### **Halo-Halo Body Scrub (60 mins)**

**PHP 2,800++**

Inspired by a traditional Filipino dessert, Halo-Halo - meaning mixture, this concoction mixes together sweet corn, red bean, banana, coconut and the exotic scents of vanilla, to make your skin incredibly soft, velvety and hydrated with a satin finish.

#### **Lavender Body Scrub (60 mins)**

**PHP 2,800++**

Lavender is not only remarkable for its aromatherapy benefits, but is also excellent for effective skin care. Enriched with natural vitamins and moisturizers, a lavender scrub induces relaxation with its soothing aroma, and at the same time gently cleanses, exfoliates and nourishes the skin, leaving your skin smooth, and velvety refreshed with a radiant glow.

#### **Lemongrass Body Scrub (60 mins)**

**PHP 2,800++**

Lemongrass works wonderfully with its purifying and hydrating ingredients to cleanse, exfoliate and tone the skin with a fresh clean scent. The polish also takes away the excessive oils without stripping the skin of its natural moisture. Your skin feels smoother and more fragrant.

#### **Mangosteen Peel Body Scrub (60 mins)**

**PHP 2,800++**

Known as the “Queen of the Fruits” for its many qualities and benefits, mangosteen peel contains generous amounts of antioxidant and antibacterial properties as well as condensed tannin to tighten skin pores, gently decrease wrinkle lines and prevent pimples. Softens skin and gives it a remarkably lovely glow.

### BODY WRAP

#### **Algae & Caffeine Slimming Wrap (60 mins)**

**PHP 3,900++**

Seaweed extracts, essential oils and fresh coffee act to remineralize the vascular and lymphatic systems, providing a highly effective treatment against cellulite. The high iodine content of this pack also helps to stimulate the metabolism, encouraging detoxification and aiding weight reduction.

#### **Blue Lotus Aloe Wrap (60 mins)**

**PHP 3,900++**

This ultimate soothing and rejuvenating body wrap blends the powder extract of blue lotus with aloe gel. Blue lotus helps to soothe, calm and strengthen skin protection against free radicals, while aloe gel seals in moisture and repairs the skin. The overall effect is that of equilibrium and a harmonious relaxed feeling.

#### **Thermo Caramel Mud Wrap (60 mins)**

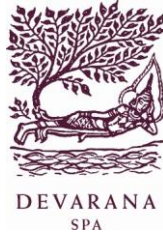
**PHP 3,900++**

Enriched with brown sugar-cane, mineral-rich mud wrap leaves your skin soft and your body feeling refreshed and invigorated. In addition to being a superb body beautifier, the mud also aids in the reduction of cellulite and is excellent for cases of fluid retention.



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### FACIALS

#### **Replenishing Marine Facial (60 mins)**

**PHP 3,500++**

A mineral-rich facial designed to rehydrate and replenish the skin, leaving it gloriously renewed. Using several different kinds of seaweeds with aromatic oil and plant extracts, this wonderful treatment from the sea comes complete with a pampering hand massage.

#### **Sensible Essence Facial (60 mins)**

**PHP 3,500++**

Specifically designed for those who have sensitive skin, this gentle facial uses natural products derived from flowers, excellent for preventing skin irritations as well as stimulating cell repair. A gentle mask is applied to soothe and nourish the skin. Your skin is left feeling soft and silky.

#### **Soothing Sea for Men (60 mins)**

**PHP 3,500++**

Recommended for skin care that keeps men looking healthy and handsome, here's a refreshing facial using seaweed, aromatic oil and plant extracts, precisely tailored for men, to deeply cleanse the skin, enhance the moisture balance and restore natural radiance, for that fresh and revitalized appearance.

#### **Anti-Aging Sea Facial (90 mins)**

**PHP 4,200++**

In this superior facial, several kinds of seaweeds and anti-aging marine products are applied with relaxing and toning massage techniques to stimulate and detoxify your skin. Rich in mineral, proteins, vitamins as well as beta carotene, this seaweed treatment gently tones, visibly whitens and uncompromisingly combats the signs of aging, while providing a very natural kind of facelift.

*\*Pre-purchase 3 treatments and receive 4th complimentary treatment.*

### WATER TREATMENTS

#### **Aromatic Thai Herbal Steam (30 mins)**

**PHP 1,000++**

Refresh your body in this gentle cloud of steam filled with the aroma of fresh Thai herbs. Ideal before a massage, or anytime to cleanse the skin, clear the lungs, promote the circulation and invigorate the body.

#### **Exotic Pandan and Mint Bath (30 mins)**

**PHP 1,500++**

Pandan leaves floating in tepid bath with refreshing scents of geranium and peppermint will relax your mind and rejuvenate your senses. This exotic bath will bring you tranquility, help balance emotion and relieve depression.

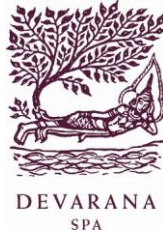
#### **Moisturizing Oatmeal and Honey Bath (30 mins)**

**PHP 1,500++**

This moisturizing bath combines soothing oatmeal and natural honey to ease your worries away and hydrate and clean your skin, which becomes softer and smoother with dryness and irritation relieved. Mild and gentle, this is especially for those with sensitive and delicate skin.



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### BEAUTY TREATMENTS

#### **Aromatic Manicure (60 mins)**

**PHP 2,200++**

A pampering treatment to restore beauty and suppleness of your hands and nails. Your hands are tenderly polished and nourished – the nails buffed to a healthy shine, or coated with the polish of your choice.

#### **Aromatic Pedicure (60 mins)**

**PHP 2,200++**

A classic pedicure to remove hard dry skin and beautify the feet and nails. Your feet are gently scrubbed and nourished - nails can be buffed to a healthy shine or coated with the polish of your choice.

### PAMPERING PROGRAM

#### **Living Radiance (2.0 hrs)**

**PHP 4,700++**

Restore the skin's natural radiance with a body scrub that exfoliates and smoothes the skin, followed by a 90-minute body massage, using natural essential oil blends.

#### **Devarana Touch of Heaven (2.5 or 3.0 hrs)**

**PHP 6,500++ /PHP 7,000++**

Our most popular package. A heavenly relaxing combination of a 60 or 90-minute facial and a 90-minute body massage provides a sense of renewal for face and body.

#### **Ultimate Glow (3.0 hrs)**

**PHP 7,800++**

Tailored for those seeking healthier and clearer complexion and a stress free body. Indulge with a facial and body scrub, and complete the pampering with a 90-minute massage.

#### **Half Day Harmony (5.0 hrs)**

**PHP 11,500++ per person**

**PHP 21,800++ per couple**

Luxuriously designed to give you an ultimate relaxing experience. Start with an aromatic Thai herbal steam, floral bath, body scrub, a 90-minute massage, a 90-minute Facial and Reflexology Foot Massage. Guaranteed perfect spa menu for couples.

### WELLNESS AND LIFESTYLE PROGRAM

#### **After Party Retreat (3.0 hrs)**

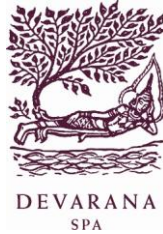
**PHP 8,000++**

Look and feel your 'party best' even the party has ended with Algae & Caffeine Slimming Wrap, Refreshing Face Mask, Swedish Massage and Reflexology Foot Massage. A young coconut juice is also served during the session as a hangover remedy.



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### **Body Slender (3.0 hrs)**

**PHP 8,000++**

This non-invasive slimming program gives a boost to your weight loss goals by aiding fat loss, firming and toning the skin with Algae & Green Tea Body Scrub, Algae & Caffeine Slimming Wrap and Aromatic Contoured and Detoxified Massage.

*\*Pre-purchase 3 treatments and receive 4th complimentary treatment.*

### **Jet Lag Recovery (3.0 hrs)**

**PHP 8,000++**

Overcome jet lag and relieve your travel-weary body of stiffness, aches and pains with Thermo Caramel Mud Wrap, Swedish Massage and a 30-minute Refreshing Facial selected for your skin type.

### **Power Nap (3.0 hrs)**

**PHP 6,900++**

Power Nap treatments offer an emergency assistance for sleep-deprived people. Facilitate the napping journey with Lavender Body Scrub, a hot Milk Bath, Swedish Massage and finishing with a 30-minute power nap. The package also comes with a soothing Devarana music CD, for a lullaby at home.

### **Stress Buster (3.0 hrs)**

**PHP 6,500++**

Bust your stress and boost your energy with aromatic Thai herbal steam, followed by a color bath, where smooth, rich chocolates are served as a mood-lifting treat. Complete the stress busting session with the signature Devarana massage and Yogic Breathing therapy for maximum relaxation and clarity of body and mind.

## **SUPPLEMENTARY CHARGE**

**Corner Suite**

**PHP 1,200 per visit**

**Grand Suite**

**PHP 2,000 per visit**