**SIGNATURE PACKAGE**

**The Heavenly Nantha Garden Experience (2.5 hours)  **

In the work of ancient Thai literature called Tribhumpfraruang, Nantha was described as a garden situated at Heaven’s gate, with magical flowers and herbs. Devarana Spa’s signature treatment brings the divine Nantha Garden to life by mixing fresh tropical pink floral petals and Sampaguita or Jasmine with aromatic blends of ylang and jasmine oil to create a truly heavenly experience.

With the essence of flowers, this soothing treatment comforts your skin and uplifts your mind through the Devarana Bath and Devarana Body Scrub. Complete the unforgettable rejuvenation with the Devarana Massage that combines strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and Aromatherapy influences for the ultimate in relaxation and pampering.

**The Harmony of Tad Si-the Traditional Thai Medicine (2.0 hours)**

An ancient Thai therapy based on the Buddhist teaching that the human body is composed of Tad Si or four elements of earth, water, wind and fire. Traditional Thai medicine also believes that diseases are caused by two main reasons: first, an imbalance of the four elements in the body, and second that the mind is governed by ‘ego’ and ego leads to unhealthy emotions of attachment, aggression and obscuration that can disturb the body harmony.

The Harmony of Tad Si combines a Thai herbal compress dipped into aromatic oil tailored to each guest’s body element, with Thai Massage, incorporating pressure point and stretching techniques to relax muscles, relieve soreness, promote circulation and stimulate the nerve meridians of the body.
MASSAGE (a la carte)

**Ayurvedic Head Massage (60 mins)**  
PHP 2,900  
A traditional Ayurvedic oil massage for the head, neck and shoulders. Some of its many benefits include strengthening the hair roots, nourishing the scalp and releasing the flow of prana or energy through the entire body. Ideal for relieving stress and promoting a restful sleep.

**Ginger Compress & Back Massage (60 mins)**  
PHP 2,900  
Focusing on the neck, shoulders and upper back, this massage places lightly steamed gingers on the back and lets their heating effect to relieve aches and pains as well as stimulating blood circulation. After the compress, soothing hand movements work into the muscle and soft tissue to relieve stress and tension.

**Reflexology Foot Massage (60 mins)**  
PHP 2,900  
After cleansing the feet with a refreshing salt scrub, pressure is systematically applied to stimulate the nerve reflexes in the feet. These points correspond to all major body parts and organs, improving total body functioning and restoring balance and harmony to the body.

**Abhyanga Massage (90 mins / 120 mins)**  
PHP 3,800 / PHP 4,700  
Warm aromatic oil is gently poured along tense muscle lines, engaging a smooth long stroke massage with a medium pressure to stimulate blood circulation, and is followed by light pressure in circular movements at mama points to unblock “prana” energy at the vital meridians. These Ayurveda techniques enhance deeper sleep at night and promote a healthy and luminous complexion.

**Aromatic Detoxifying & Contouring Massage (90 mins)**  
PHP 3,800  
A light, calming massage using specifically formulated slimming oils to fight the accumulation of cellulite and water retention. Lymphatic drainage technique is applied to help the body eliminate toxins, followed by contouring massage to assist in body slimming. Highly recommended in combination with any detoxifying treatments.

**Devarana Signature Massage (90 mins / 120 mins)**  
PHP 4,200 / PHP 4,900  
Exclusive to Devarana Spa, this unique massage combines strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and Aromatherapy influences for the ultimate soothing and pampering experience. The signature massage comes together with a bowl of hot water with freshly sliced kaffir lime and orange for respiratory clearing.

**Swedish Massage (90 mins / 120 mins)**  
PHP 3,800 / PHP 4,700  
This ultimate relaxing massage uses long, soothing strokes to induce relief from stress and tension, while stimulating blood circulation. Pressure can vary from soft to medium, in accordance to your personal preference.

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*Devarana Spa at Dusit Thani Manila*

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MASSAGE (a la carte)

**Borehilot Massage (90 mins)**
*(Available at Devarana Spa Manila)*
A new rejuvenation spa retreat inspired from famous Filipino Hilot together with Balinese Boreh remedy and massage, therapist starts this unique ritual with warm compress using banana leaves with warm virgin coconut oil, then the Boreh remedy is applied on specific areas where the tension is accumulated, followed by Balinese massage using long stroke and sweeping movements to enhance deep relaxation.

**Stress & Migraine Relief Massage (90 mins / 120 mins)**
*(Available at Devarana Spa Bangkok and Manila)*
Excellent headache therapy combined reflexology, acupressure, deep tissue massage and aromatherapy techniques to effectively relieve muscle tensions in head, face, eyes, neck, shoulders and upper back areas. Ritual commences with a cold lavender and chamomile compress applied on the forehead with a touch of peppermint aroma to stimulate blood circulation. The deep and medium pressure is applied on specific areas such as skull base, mid-forehead, eye corners, arms and feet.

**Shilomi Massage (90 mins / 120 mins)**
*(Available at Devarana Spa Bangkok and Manila)*
A wonderful therapeutic and energising body work combined deep tissue: Shiatsu and Lomi Massage techniques on the deepest layers of muscles, using a unique oil blend. Tension and muscle pains are melted away. Excellent for those who enjoy strong invigorating massage.

*Devarana Spa at Dusit Thani Manila*
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BODY SCRUB (a la carte)

**Algae & Green Tea Body Scrub (60 mins)**
A moisturising and detoxifying body scrub recipe singles out the healing property of green tea to protect skin from sun damage with excellent antioxidant property of seaweed, working as a mild detoxifier to stimulate skin toning and provide skin elasticity. Peppermint oil assists in relaxing and refreshing benefits. The end-result is skin so smooth, soft and invigorated.

**Halo-Halo Body Scrub (60 mins)**
Inspired by a traditional Filipino dessert, Halo-Halo - meaning mixture, this concoction mixes together sweet corn, red bean, banana, coconut and the exotic scents of vanilla, to make your skin incredibly soft, velvety and hydrated with a satin finish.

**Lavender Body Scrub (60 mins)**
Lavender is not only remarkable for its aromatherapy benefits, but is also excellent for effective skin care. Enriched with natural vitamins and moisturizers, a lavender scrub induces relaxation with its soothing aroma, and at the same time gently cleanses, exfoliates and nourishes the skin, leaving your skin smooth, and velvety refreshed with a radiant glow.

**Rose Petal Body Scrub (60 mins)**
Legendary for its unsurpassed beauty and delicate fragrance, rose petals have long been used for softening and rejuvenating skin. Its rich nourishing and soothing properties help control thread veins heal wounds and induce skin elasticity, leaving the skin fresh and smooth with uplifting aroma. Superb for anti-aging.

Devarana Spa at Dusit Thani Manila
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BODY WRAP (a la carte)

Algae & Caffeine Slimming Wrap (60 mins)  
PHP 4,200
Seaweed extracts, essential oils and fresh coffee act to re-mineralise the vascular and lymphatic systems, providing a highly effective treatment against cellulite. The high iodine content of this pack also helps to stimulate the metabolism, encouraging detoxification and aiding weight reduction.

Sea Mud & Sweet Pepper Toning Wrap (60 mins)  
PHP 4,200
Enriched with sweet pepper extract, a powerful source of vitamins and antioxidants, this mineral-rich sea mud wrap leaves the skin toned and firmed while refreshing and energising the body. This superb body beautifier also helps reduce the appearance of cellulites and fluid retention.

WATER TREATMENT (a la carte)

Aromatic Thai Herbal Steam (30 mins)  
PHP 1,100
Refresh your body in this gentle cloud of steam filled with the aroma of fresh Thai herbs. Ideal before a massage, or anytime to cleanse the skin, clear the lungs, promote the circulation and invigorate the body.

Exotic Pandan and Mint Bath (30 mins)  
PHP 1,600
Pandan leaves floating in tepid bath with refreshing scents of geranium and peppermint will relax your mind and rejuvenate your senses. This exotic bath will bring you tranquility, help balance emotion and relieve depression.

Luxury Milk & Roses Bath (30 mins)  
PHP 1,600
For all skin types, this romantic milk bath, filled with fresh rose petals, creates harmony and an unforgettable relaxing sensation. It soothes the emotions whilst softening and nourishing your skin, leaving it feeling silky smooth and lightly scented with a classic floral fragrance.

Moisturizing Oatmeal and Honey Bath (30 mins)  
PHP 1,600
This moisturizing bath combines soothing oatmeal and natural honey to ease your worries away and hydrate and clean your skin, which becomes softer and smoother with dryness and irritation relieved. Mild and gentle, this is especially for those with sensitive and delicate skin.
**FACIAL (a la carte)**

**Replenishing Marine Facial (60 mins)**

PHP 3,800

A mineral-rich facial designed to rehydrate and replenish the skin, leaving it gloriously renewed. Using several different kinds of seaweeds with aromatic oil and plant extracts, this wonderful treatment from the sea comes complete with a pampering hand massage.

**Sensible Essence Facial (60 mins)**

PHP 3,800

Specifically designed for those who have sensitive skin, this gentle facial uses natural products derived from flowers, excellent for preventing skin irritations as well as stimulating cell repair. A gentle mask is applied to soothe and nourish the skin. Your skin is left feeling soft and silky.

**Soothing Sea for Men (60 mins)**

PHP 3,800

Recommended for skin care that keeps men looking healthy and handsome, here’s a refreshing facial using seaweed, aromatic oil and plant extracts, precisely tailored for men, to deeply cleanse the skin, enhance the moisture balance and restore natural radiance, for that fresh and revitalised appearance.

**Anti-Aging Sea Facial (90 mins)**

PHP 4,600

In this superior facial, several kinds of seaweeds and anti-aging marine products are applied with relaxing and toning massage techniques to stimulate and detoxify your skin. Rich in mineral, proteins, vitamins as well as beta carotene, this seaweed treatment gently tones, visibly whitens and uncompromisingly combats the signs of aging, while providing a very natural kind of facelift.

*Pre-purchase 3 treatments and receive 4th complimentary treatment.*

*Devarana Spa at Dusit Thani Manila

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Effective July 1, 2016 until further notice.*
SPA PACKAGE

Living Radiance (2.0 hrs)  PHP 5,100
Restore the skin’s natural radiance with a body scrub that exfoliates and smoothest the skin, followed by a 90-minute body massage, using natural essential oil blends.

Devarana Touch of Heaven (2.5 or 3.0 hrs)  PHP 7,100/ PHP 7,600
Our most popular package. A heavenly relaxing combination of a 60 or 90-minute facial and a 90-minute body massage provides a sense of renewal for face and body.

Body Beautifier (3.0 hrs)  PHP 8,500
Flush the environmental toxins out of your body system and give a boost to your weight loss goal by stimulating fat loss, firming and toning the skin with an Algae & Green Tea Body Scrub, an Algae & Caffeine Slimming Wrap and an Aromatic Contouring and Detoxifying Massage.
*Pre-purchase three treatments and receive the complimentary fourth treatment.

Traveller Recovery Pack (3.0 hrs)  PHP 8,500
A jet lag cure that relieves weary body, stiffness, aches and pains from flights and travelling with a Sea Mud & Sweet Pepper Wrap, a Swedish Massage and a 30-minute Refreshing Facial selected for your skin type.

Ultimate Glow (3.0 hrs)  PHP 8,500
Tailored for those seeking healthier and clearer complexion and a stress free body. Indulge with a facial and a body scrub, and complete the pampering with a 90-minute massage.

Half Day Harmony (5.0 hrs)  PHP 12,600/person  PHP 23,900/couple
Luxuriously designed to give you an ultimate relaxing experience. Start with an aromatic Thai herbal steam, a floral bath, a body scrub, a 90-minute massage, a 90-minute Facial and a Reflexology Foot Massage. Guaranteed perfect spa menu for couples.

SUPPLEMENTARY CHARGE
Corner Suite  PHP 1,200 per visit
Grand Suite  PHP 2,000 per visit

Devarana Spa at Dusit Thani Manila
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Effective July 1, 2016 until further notice.
Arrival Time
Please check in at Spa Reception at least 15 minutes prior to your scheduled appointment. Arriving late will result in a reduction of treatment time.

Cancellation Policy
Because treatments are reserved especially for you, appointments cancelled with less than 6 hours notice will incur a cancellation fee of 50% of the reserved treatment cost or PHP 1,200 per hour per person if no treatments have been selected. The full reserved treatment cost or PHP 2,500 per hour per person will be imposed for a “no-show”.

Gift Certificates
Gift Certificates for spa treatments and retail products are available for purchase.

Payment
Cash and all major credit cards are accepted.

Refund
Spa treatments and spa memberships are non-refundable, non-transferable and non-exchangeable unless otherwise stated.

Spa Protocol
We kindly request that mobile phones be turned to silent mode and that noise be kept to a minimum to allow all guests to enjoy the serenity of the spa. Children under 15 years are not permitted in the spa. Smoking and consumption of alcohol in the spa is not allowed.

Special Considerations
Before undertaking spa treatments, please consult your health practitioner if you have any medical conditions such as high blood pressure, heart condition or any other medical complication. Guests are asked to complete a health questionnaire. Please advise reception if you have any health issues or concerns.

Contact Lenses
We recommend you to remove your contact lenses before your facial treatment. Please bring your own case and solution for lenses.

Valuables
Jewellery and valuables may be placed in secured drawers in treatment rooms; however we recommend that no jewellery be worn in the spa. The management accepts no responsibility for the loss of money or valuables brought in to the spa.

Accidents or Injuries
Devarana Spa shall not be liable for any accident or injury suffered by any member or guest.

Extra Time
We offer private changing and showering facilities in each of our treatment rooms. In addition to your treatment time, we allow 15 minutes for changing and showering. Extra time is charged at PHP 700 for each 15 minutes or part thereof. Please let us know in advance if you require extra showering or changing time so that we may reserve your room.